



LADIES GETAWAY *in iceland*

A Nordic Adventure

October 30 —
November 5, 2026

ONWARD TRAVEL ✈️
EST 2014



THE STUNNING HARPA CONCERT HALL IN REYKJAVÍK'S HARBOR

When it comes to Iceland, the scenery is just the tip of the iceberg...

We've chosen one of Onward Travel's all time favorite destinations for our next *Ladies Only Getaway*: Reykjavík, Iceland! Unpack just once and enjoy an unforgettable week of experiences and activities from our base in the country's capital on the southwest coast.

Iceland is like nowhere else on earth and during this tour we'll immerse ourselves in Reykjavík and its surrounds. Our small group will learn about the history of the country from the Vikings through the present day; taste classic dishes, modern Icelandic cuisine, and greenhouse grown tomatoes; gain an understanding of geothermal energy and how it enables Icelandic society to flourish; soak in multiple geothermal pools (the best!); and so much more.

Reykjavík is a tiny capital city, perfect for strolling and full of great restaurants and fabulous shopping. Our fun group of women is sure to have a real blast laughing, learning and experiencing Iceland together!



Imagine yourself...

Soaking away your
jetlag in the Blue
Lagoon

Looking up in delight
as the Northern Lights
dance about you

(fingers crossed!)

Eating hot lobster soup
in Reykjavík's harbor

Welcome to Iceland!

DAY 1: FRIDAY OCTOBER 30

- Soak away your jetlag in the thermal water of the Blue Lagoon
- Toast your traveling companions over a beautiful meal

Welcome to Iceland! Upon arrival, your Onward Travel guide will be waiting for you at Keflavik International Airport with a private minibus and our friendly local Icelandic guide, Gudni. We'll enjoy the breakfast buffet at upscale Hotel Keflaik upon arrival (see page 6 for an option to arrive a night early at stay at this hotel) and then see a bit of the Reykjanes Peninsula, known for its otherworldly lava fields and geothermal activity. We'll be nearby Grindavik, a small fishing town that became internationally known after the volcanic unrest and eruptions on the peninsula from late 2023 onward caused it to be evacuated. The eruptions reshaped the landscape dramatically, we'll get a unique look at Iceland's newest lava fields.

Mid-morning we'll head to the Blue Lagoon's famous, bright blue, wellness-promoting-waters, to let the jetlag soak away. Enjoy a healthy packed lunch on the way from the lagoon to downtown Reykjavik. Optional activity: Body treatments and massages are available at the Blue Lagoon. Onward will provide a list of available services. Once we arrive in the heart of Reykjavik we'll check in at our accommodations for some afternoon R & R. Hotel Alda is an upscale, high-design boutique hotel in the center of town, walking distance to everything. Tonight we'll gather to enjoy a gourmet Icelandic feast and toast to the week of fun and adventure ahead of us!

Meals Breakfast, Lunch, Dinner



BEAUTIFUL, FRESH ICELANDIC CUISINE WILL SURPRISE AND DELIGHT YOU

Geothermal Day

DAY 2: SATURDAY OCTOBER 31

- Understand the great influence of geothermal energy on local life
- Lunch on perfect tomatoes in the middle of a greenhouse

Iceland literally runs on geothermal energy, and the more you learn about this energy - from its sources, to its harnessing, to its utilization and application - the more that Icelandic life makes sense. You can understand how shops can be eco-conscious and still leave their doors open to the street on a freezing day, how fresh produce is abundant in Iceland all year despite its isolation and cold weather, and of course where all that warm water comes from for the many geothermal pools. This morning when we visit the Geothermal Powerplant Exhibition in the countryside near Reykjavik all of these details of Icelandic life and many more will be placed in clear context as you begin to understand the power of geothermal energy.

Once we've done some learning the time has come to really enjoy all that geothermal energy! We'll enjoy lunch at Ölverk Brewery, a pioneering craft brewery that is powered by geothermal energy. Enjoy some brews and wood-fired pizzas. We'll pop into a chic indoor shopping area/food hall "The Greenhouse" following lunch. Now we're off to one of the most relaxing geothermal hot pools in Iceland - a small complex of pools all lined in tile in a remote location beside a lake... Do as the locals do and take a polar plunge if you dare! Upon our return to the city the evening is yours to enjoy.

Meals Breakfast, Lunch

Reykjavík Immersion

DAY 3: SUNDAY NOVEMBER 1

- Take in the views from Harpa and Hallgrímskirkja
- Get to know Iceland's capital city from a local's perspective

Enjoy a leisurely morning, and then we're off to visit Harpa, an iconic and fascinating Reykjavik concert venue and event center. The glass facade was designed by artist Olafur Eliasson and features kaleidoscopic reflections of the city and landscape. It is inspiring! Harpa is perched on the harbor, so lunch will be nearby at a harbor-side restaurant owned by a retired fisherman where the lobster soup and grilled fish kebabs are divine.

This afternoon we will explore Iceland's capital city. Our local guide will take us on a walking tour, making our way through City Hall to catch the latest exhibit and learn about Iceland's topography while examining a large 3-D relief map, ascending the iconic Hallgrímskirkja Church for sweeping panoramic views, and we'll grab a warm bevvie at a charming coffee shop, Reykjavík Roasters.

Enjoy some free time before getting snazzy for a lovely and delicious dinner at one of our favorite upscale restaurants in Reykjavík where the cocktails are gorgeous and the vibes are just right.

Meals Breakfast, Lunch, Dinner

Exploring the Golden Circle

DAY 4: MONDAY NOVEMBER 2

- Waterfalls, a Geysir, the continental divide... it's the Golden Circle!
- Soak in a hidden geothermal pool far away from everything

Today we'll head east of Reykjavík with our guide to spend the day exploring Iceland's legendary scenic highway known as the Golden Circle. Our unique Golden Circle experience begins at Þingvellir National Park, the site of the oldest parliament in the world where the great Atlantic rift is clearly visible. At Þingvellir (pronounced *Thing-vell-ear*) you'll also see the rock formation that inspired "the wall" of Game of Thrones fame. We'll walk through the national park and take in the phenomenal landscapes. Then it's off to the magnificent Gullfoss waterfall where the power of the water can be felt through the air.

Lunch today will be in a tomato greenhouse, where if you close your eyes and eat a cherry tomato it might as well be August in Italy - but it's November in Iceland! Also, these tomatoes make the best fresh bloody mary you can imagine and the spread of delicious tomato soup and rustic homemade breads is comforting and perfect. Afterwards we'll visit a horse and dairy farm, where they make their own Icelandic yogurt, or skyr, and ice creams, the purpose of our visit. Then we'll visit the world famous Geysir geothermal area where we'll watch geysers erupt and, for those who wish to, hike up a hill to breathe in the view.

As the afternoon comes to an end, it's time to relax with a nice soak in a beautiful and remote geothermal pool. Your new friends and a glass of sparkling wine are icing on the cake!

Meals Breakfast, Lunch

Black Sand and Folk History

DAY 5: TUESDAY NOVEMBER 3

- Stand on a black sand beach, feeling like you're on another planet
- See how it feels to squeeze into a tiny traditional Icelandic dwelling

This morning we will leave the city bright and early for a drive two hours down the Atlantic Coast to Iceland's southernmost town: Vík. The village is most famous for its stunning black sand beaches and basalt rock formations. When we arrive in Vík, the otherworldly and unforgettable seascapes of Reynisfjara Beach will surely take your breath away.

Warm up with a tasty lunch at a local cafe and a visit to a quirky cafe in a repurposed school bus before we begin our drive back to Reykjavík. This afternoon, on our way back to the capital, we will stop at Skógafoss Waterfall (hike to the top if you have it in you!) and Skógar Folk Museum. At the museum you'll be fascinated by the history of Icelandic day-to-day life, especially the society's relatively recent transition into modernity.

We'll make one last stop in the countryside at a great little shop for handknitted items and local, small batch yarns. The evening is yours once we return.

Meals Breakfast, Lunch



VISITING SKÓGAFOSS

Choose Your Own Adventure

DAY 6: WEDNESDAY NOVEMBER 4

- Go for an adrenaline rush or embrace a day of relaxation
- Roll up your sleeves and prepare some Icelandic dishes yourself

You have a whole free day to experience Reykjavík however you want, or head out of town to participate in an adventure activity of your choice. Maybe you'd like to wander the streets of this friendly capital city, popping in to some of the many stylish boutiques whose window displays have been beckoning to you. Enjoy a chance to visit an urban geothermal pool for a soak with the locals, or take in one of the many fabulous museums. The day is yours to spend as you like! We'll also provide some activity suggestions as the tour approaches for exciting excursion options including horseback riding, an ATV adventure, and whale watching.

To cap off our time together, let's throw our own dinner party! We're off to a fun cooking class in a stylish, modern kitchen, where we'll learn about Icelandic cuisine (hello lamb & fish!) before rolling up our sleeves to get in the kitchen ourselves. We'll enjoy a delicious dinner of our own creations after the class. Surely by now we'll have lots of wonderful stories to retell and great memories to toast to!

Meals Breakfast, Dinner

Bless, Bless!

DAY 7: THURSDAY NOVEMBER 5

- Enjoy one last morning of creative Nordic inspiration
- Return home with lots of new experiences, ideas and friends!

Take some time to pack up this morning and check out of your room. Then, as most flights to North America depart late afternoon, we have some time for one last hurrah. We will take a private tour of Kjarvalsstaðir Museum. The museum is housed in a light-filled modernist building and dedicated primarily to the works of Jóhannes S. Kjarval, one of Iceland's most beloved artists known for blending landscapes, folklore, and modernism. We will brunch at the onsite Klambrar Bistro.

In the olden days, goodbyes in Iceland often preceded journeys that tended to be rather perilous, so goodbye in Icelandic became "bless, bless." Luckily these days our journeys are much more comfortable, but unfortunately the time has still come to say, "bless, bless!"

Meals Breakfast, Brunch/Lunch

What about the Northern Lights?

Early winter is a great time of year to see the Aurora Borealis, so our chances of glimpsing the Northern Lights during our week in Iceland are rather good. However, part of their allure is that they cannot be scheduled or counted upon to appear! We have fabulous Icelandic travel partners and they know how to read the weather and predict good visibility, so we'll basically be on call all week - and when the timing is right they'll pick us up and we'll head out of the city for a guided Northern Lights Hunt!



LET'S HOPE FOR A NORTHERN LIGHTS SIGHTING!

TRIP INFORMATION Ladies Getaway in Iceland Oct. 30–Nov. 5, 2026

BEGINS	Keflavik International Airport (KEF), on October 30 <i>Most flights from North America to Iceland land in the wee hours of the morning. Please book a flight scheduled to land before 7:00 AM.</i>
ENDS	Central Reykjavík on November 5 <i>Transfer to the airport provided after lunch to line up with late-afternoon departures to the United States.</i>
SUITABILITY & MOBILITY	This tour includes walking for up to 30 minutes at a time, plus stairs, uneven natural terrain and cobblestones. If you have limited mobility, we may be able to accommodate you, but it is essential to let us know at the time of registration. Travelers may always opt out of activities they deem too physically challenging but refunds will not be provided.
TRIP LENGTH	7 days, 6 nights
LODGING	Boutique lodging with a fun sense of place has been selected for <i>Ladies Getaway in Iceland</i> . Hotel Alda A stylish hotel with a bar and restaurant on the quiet end of the main shopping street, walking distance to nearly everywhere you'll want to go in the capital.
TOUR DATES & PRICES	October 30–November 5, 2026 Double Occupancy \$4350 per traveler Single Supplement \$800 additional per traveler Contact Onward if you are interested in a room upgrade. <i>Please note that air travel is not included and a current passport is required for travel to Iceland.</i> <u>Please ensure that your passport is valid for at least six months after the date of travel.</u> <i>You are welcome to pay your trip fee by credit card, please note that a 3% processing fee will be applied.</i>

AIR TRAVEL:

The tour will start and end with transfers to/from the airport serving Reykjavík, Keflavík Airport (KEF). Please confirm with Onward Travel that the tour is a "go" before booking non-refundable airfare. Please contact Onward if you'd like assistance finding a suitable flight itinerary.

EARLY ARRIVAL:

Perhaps you would like to come a day early on October 29 and spend the night at Hotel Keflavík, where our tour kicks off with breakfast on the 30th.

Confirmed rates are as follows:

Double Occupancy \$205 per room

Single Occupancy \$175 per room

Trip price includes the following:

- Airport transfers and ground transportation to/from all scheduled activities.
- 6 nights accommodations at Hotel Alda
- Most meals: seven breakfasts, six lunches and three dinners. We have fantastic gourmet experiences planned with libations included, of course!
- Local guide services throughout the tour to truly understand Iceland and an Onward Travel host at your service
- All activities and tours as detailed in the itinerary

Register now!

Visit onwardtravel.co to complete the registration form and submit payment. \$1,500 deposit due upon booking, balance due by July 1, 2026.



**The Onward
Travel Tour
Director
for this trip
is Peggi**

Peggi Clauhs owned a cooking school in Pennsylvania for 20 years and it was the culinary tours she's hosted since the 90's that inspired two of her daughters to start Onward Travel!

She is fun and funny, warm and welcoming, and an absolutely fantastic travel companion.

TRAVELER INFORMATION Ladies Getaway in Iceland Oct. 30–Nov. 5, 2026

Please take note of the following useful information, and view more at www.onwardtravel.co/letsgo



Once Onward Travel receives your registration form, we will send you an **invoice** with instructions to pay the **deposit**.



If you'd like to purchase **trip insurance**, we suggest Travelex. For more info, call them at 800-228-9792 or visit www.travelex.com and refer to location number 32-0704.



Four to six weeks before the tour **we will mail you a packet** with a packing list, traveler directory and other useful info.



Make sure you know where your **passport** is now! For travel to Iceland it should be valid for six months beyond your return date.



Onward Travel's cancellation policy in a nutshell:

- \$250 of your initial deposit is nonrefundable
- Cancel within 90 days and the full deposit is nonrefundable
- Cancel within 60 days and 50% of total trip fee is nonrefundable
- Cancel within 30 days and the full trip fee is nonrefundable

See the full Terms & Conditions at www.onwardtravel.co/terms



Get in Touch!

Contact Onward Travel with questions or special requests:
letsgo@onwardtravel.co
845-293-2729

THE BEAUTIFUL CITY OF REYKJAVIK

