

# A WEEK IN THE ALPS

A Journey Through Switzerland, Austria & Germany  
September 1–9, 2019

ONWARD TRAVEL   
EST 2014



At the end of summer, let's visit the Alps together. This exciting adventure will see our small group journey through three countries. We'll ascend mountains and cruise on lakes, spend time in sleepy hamlets and major cities, all the while experiencing the history culture, cuisine and topography that make this stunning region in the heart of Europe so special.

The Alps are one of the world's most iconic mountain ranges, spanning 750 miles over 8 countries. They are famous for shimmering lakes, soaring peaks and a deeply rooted local culture. An ancient farming region, the sustainable small-scale Alpine agriculture practices still produce some of the most delicious meats, cheeses and produce you can find... and let's not forget the legendary beer and chocolate!

Our tour begins with two nights in lovely Lucerne, Switzerland, and then we travel through the mountains to Salzburg, Austria, by train, with a night in a picturesque Alpine village on the way. After two nights in Salzburg we move on to the Bavarian capital of Munich, Germany, for three more nights. As we make our way from Switzerland to Austria to Germany we'll dive into the fascinating history, scenery, culture and cuisine of the beloved Alpine region.



## IMAGINE YOURSELF...

On top of the world  
looking down from an  
Alpine viewing platform

Raising a (large) glass in  
a German beer garden

Exploring one of the  
world's most iconic  
castles: Neuschwanstein

## Welcome to Switzerland!

DAY 1: SUNDAY SEPTEMBER 1

- Get to know your fellow travelers over fondue al fresco
- Explore the magical city of Lucerne, nestled in the heart of the Alps

You've arrived in the Alps! Your Onward Travel guide will meet you at ZRH International Airport this morning (or maybe you want to come early to explore Zurich!) along with a private vehicle and professional driver. We'll set out towards Lucerne, a one hour drive, stopping along the way to meet a local cheese seller with his mobile fondue truck ready to feed and entertain us. Soak in the majestic Alpine scenery and get to know fellow travelers over a brunch you'll never forget, it's a fondue party after all!

Early afternoon we'll arrive in Lucerne and settle in at our accommodations for the next two nights, the friendly and newly renovated Hotel Central. This comfortable hotel is in the heart of Neustadt, or "New City" and a short walk to everywhere you'll want to go. A local guide will meet us at our hotel and take our group out for a local's orientation of this city, known for its incredible location in the middle of the mountains beside Lake Lucerne and a picturesque medieval Old Town. Before we tuck in to a festive welcome dinner tonight we'll set out for a short cruise on the lake so we can see the beautiful city ringed by mountains from the water.

---

Meals Brunch, Dinner



## Interlaken Adventures

DAY 2: MONDAY SEPTEMBER 2

- Ascend Europe's steepest railway for unforgettable vistas
- Indulge in world famous Swiss chocolate – even make your own!

Enjoy breakfast at the hotel this morning, as you will each morning of the tour. Then we will take a day trip from Lucerne to the famous Alpine enclave of Interlaken. After time to explore town, do some shopping and have lunch on your own, we will meet at a fun local chocolate shop to dive into Swiss chocolate with our own guided chocolate tasting and chocolate making class. Then, it's time for some of the outdoor adventure that Interlaken is famous for. It's only a ten minute ride, but the ascent by rail up the Harder Kulm mountain is unbelievable – and the views from the top, with its suspended viewing platform looking out over Interlaken, the lakes and other famous mountains like Jungfrauoch, is beyond spectacular.

When we return to Lucerne at the end of the day you'll be free to spend this last night in Switzerland as you like.

---

Meals Breakfast

## Traversing the Alps

DAY 3: TUESDAY SEPTEMBER 3

- Experience one of Europe's finest private art collections
- Relax on the train as Alpine splendor unfolds before you

This morning we'll visit the Rosengart Collection, the wonderful private collection of Angela Rosengart, the daughter of a famous art dealer who later became one herself. She began to collect 19th and 20th century European art as a teenager and never looked back. Our private tour will give you the opportunity to enjoy works from artists such as Chagall, Matisse, Picasso, Klee, Cezanne and many others, while learning the context behind the works and how they came to be part of this collection.

Then we'll board the train and head east into the heart of the Austrian Alps. Relax in your comfortable seat with a packed lunch and watch the Alpine wilderness unfold before you. After two and a half hours we arrive at the famous Tyrolian ski town, St Anton am Arlberg. Let's spend the night here, nestled amongst the mountains. At family owned Hotel Post you have access to the spa complete with an indoor pool, jacuzzi, sauna and more, so you can really relax. Tonight we'll enjoy dinner together at a special local restaurant, as Austrian as it gets.

---

Meals Breakfast, Packed Lunch, Dinner

## On to Salzburg

DAY 4: WEDNESDAY SEPTEMBER 4

- Wake up and spend the morning in an Alpine wonderland
- Arrive by train in beautiful Salzburg, the City of Mozart

Get up early and head out for a good hike this morning, there are many trails to choose from, or just relax. We leave at midday with a packed lunch and our scenic Alpine train journey continues on three more hours to Salzburg. Salzburg, the home of Mozart, is famous for its storybook castle and genteel Baroque aura. This afternoon our fun local guide will meet us to show us around the city – from gardens to royal residences and Mozart’s birthplace, he’ll bring this historic place to life for us.

At the time of planning, full performance schedules for September 2019 have not yet been posted. Once we know what’s on Onward will get tickets for our group to attend a classical music performance tonight or the next night. Before our evening at the symphony we’ll head out for a bite to eat together. The other night in Salzburg will be a free night to explore this lovely riverside city on your own.

---

Meals Breakfast, Packed Lunch, Dinner

## Border Region Exploration

DAY 5: THURSDAY SEPTEMBER 5

- Take in the views from the infamous Eagle’s Nest compound
- Cruise across the deepest lake in the Alps

This morning we’ll be happy to see our local guide again. He will meet us after breakfast and we’re on our way out of town for a day exploring the border region where Austria and Germany meet in the Alps. Our first stop is a place of modern infamy, the Eagle’s Nest. The one-time Nazi hideaway is perched atop the mountain Obersalzberg with views for miles and a chilling legacy. Today it’s the site of a restaurant, but our guide will fill us in on the historical significance of this place, its regular visitors and the decisions they made here.

We’ll descend the mountain to visit Berchtesgaden. This enchanting village, just north of the banks of the lake Königssee is a delight to explore and our group will have lunch together there and also visit the famous salt mine. We finish our day with a boat ride across the lake, the deepest in the Alps and breathtakingly gorgeous, to see the unique Church of St Bartholomeo perched on its banks.

---

Meals Breakfast, Lunch



ST. ANTON AM ARLBERG

## Fairytale Castles

DAY 6: FRIDAY SEPTEMBER 6

- Soak up royal vibes at enchanting Neuschwanstein Castle
- Check in to a fun, hip hotel in the heart of Munich

After breakfast we will leave Salzburg in comfortable, private transportation once again. Our final destination today is Munich but we have some important stops along the way!

Our guide will take us the scenic route to the iconic fairytale castle, Neuschwanstein. On the way we’ll take in the sights of small Bavarian villages and even get a good view of the famous Zugspitze mountain. Then, at Neuschwanstein, we’ll learn about Mad Ludwig and the whole fascinating history of a place so influential on how we all imagine a royal residence *should* look (thanks to Disney, too!).

After Neuschwanstein we’ll stop for a quick and casual lunch before continuing down the road to another castle - lovely Linderhof, with its beautiful gardens. We’ll reach Munich as evening falls and check in to our hip hotel conveniently located near the train station. Then, surely tired from a long day, we will go to a restaurant just around the corner to relax over a simple but delicious dinner together.

---

Meals Breakfast, Lunch, Dinner



## A Perfect Day in Munich

DAY 7: SATURDAY SEPTEMBER 7

- Enjoy lunch and a liter of beer or two at a typical local beer hall
- Dive into the fascinating history of the Bavarian capital

This morning we will meet the local guide who will accompany us as we explore Bavaria over the next two days. We'll spend the whole day in Munich, tracing the history of the Bavarian capital from its time as a wealthy medieval center of trade through the present, paying close attention to the significance of the city during the Second World War when it was the designated capital of Hitler's Third Reich.

We break for lunch today at a biergarten, where you can raise a giant liter of beer to "prost" your traveling companions and enjoy some tasty local cuisine. After lunch we'll stretch our legs with a visit to the English Garden, as one of Europe's largest urban parks it is even bigger than Central Park and it's hard to imagine a lovelier place.

Enjoy this evening in Munich as you like... Find some live music, go out for a nice dinner, or head to the beer hall. It's hard not to have a good time on a Saturday night in Munich and Onward and our local Munich guide will be happy to help you make a plan.

---

Meals Breakfast, Lunch

## The Bavarian Countryside

DAY 8: SUNDAY SEPTEMBER 8

- Tour the memorial site of an infamous concentration camp
- Sip beer produced by Benedictine monks in an ancient abbey

We leave Munich this morning to spend a day exploring the idyllic countryside surrounding the city. Of course, this region was the backdrop for some terrible historic events and this morning we honor that with a sobering visit to the Dachau Concentration Camp Memorial Site, the first large-scale concentration camp built by the Nazis in 1933. Before its liberation by the Americans in 1945, over 200,000 people were imprisoned here at Dachau and more than 41,000 murdered. Our guide will explain to us just what happened here - and how - and in so doing we have the opportunity to help ensure that this dark part of history is never forgotten.

After we leave Dachau we'll take a deep breath of the Bavarian air and continue with our day. Our next stop will be a charming medieval town where you'll be on your own to explore and enjoy lunch. Then we move on the splendid Baroque monestary at Andechs. For over 1,000 years pilgrims have come to this hilltop place of prayer, but these days they also come for the beer produced by the Benedictine monks here. After visiting the ornate Rococo and Baroque chapel we'll taste these famous beers, some of Germany's best. Our day in the Bavarian countryside ends with a visit to nearby Ammersee to take in the lake views and take a little walk on the shore.

This evening we have a very special treat planned at one of the most historic brewery halls in the nation - we'll be tapping our own wooden keg to enjoy at our table. Prepare to fill up your beer stein, tuck into a traditional German feast, and laugh over the memories of our week traversing the Alps together. *Prost*, indeed!

---

Meals Breakfast, Dinner

## Gute Reise!

DAY 9: MONDAY SEPTEMBER 9

Our hotel is just across from Munich's main train station, or *Hauptbahnhof*, so you can easily hop on a quick train to the airport, or continue your journey in Central Europe (may we suggest Vienna or Prague?). Wherever this day takes you, we wish you a *gute reise!*

---

Meals Breakfast

# DAILY ITINERARY *A Week in The Alps September 1–9, 2019*

## Trip Essentials

BEGINS	Zurich Airport (ZRH), Switzerland : Sunday Sept.1, 2019 Transfer provided from Zurich Airport to Lucerne Please select an itinerary landing at ZRH by 9:00 AM
ENDS	Central Munich, Germany : Monday, Sept. 9, 2019 <i>(no activities scheduled September 9)</i>
SUITABILITY & MOBILITY	<b>This tour includes walking for 15-30 minutes at a time, plus stairs and cobblestones. Note that we will change hotels four times. When traveling by train travelers will need to be able to handle their own luggage.</b> Travelers may always opt out of activities they deem too physically challenging but refunds will not be provided.
TRIP LENGTH	9 days, 8 nights
LODGING	Eclectic and comfortable hotels, each with its own local sense of place, have been selected for <i>A Week in The Alps</i> <b>Hotel Central (Lucerne)</b>   2 Nights   <i>Friendly and recently remodeled B&amp;B hotel with an ideal central location</i> <b>The Post Hotel (St Anton am Arlberg)</b>   1 Night   <i>Family owned classic with a relaxing spa and mountain views</i> <b>Gästehaus im Priesterseminar (Salzburg)</b>   2 Nights   <i>Serene and well looked after guesthouse in the beautiful and well located Salzburg Seminary building</i> <b>The Royal Bavarian by 25Hours (Munich)</b>   3 Nights   <i>Fun trendy hotel in a historic building near the train station</i>
TOUR DATES & PRICE	September 1–9, 2019 Double Occupancy \$3475 per traveler Single Supplement \$475 additional  Contact Onward if you are interested in a room upgrade. Please note that air travel is not included and a current passport is required for travel to Europe. <u>Please ensure that your passport is valid 6 months after the date of travel.</u>  <i>You are welcome to pay your trip fee by credit card, please note that a 3% processing fee will be applied</i>

## Trip price includes the following:

- Arrival airport transfer and ground transportation to/from all scheduled activities.
- Eight nights accommodations.
- Most meals: daily breakfasts, six lunches, and five dinners. We have fantastic gourmet experiences, with beer and wine included!
- Local guide services throughout the tour to truly understand the Alpine region and an Onward Travel guide at your service.
- Activities, tastings, excursions and tours as detailed in the itinerary.

### **Register now!**

Visit [onwardtravel.co](http://onwardtravel.co) to complete the registration form and submit payment. \$1,250 deposit due upon booking, balance due by June 15, 2019.

*If you would like to arrive early or stay longer in Europe, Onward Travel will gladly help you extend your stay!*

## AIR TRAVEL:

The tour will start in Zurich, Switzerland and end in Munich, Germany. Travelers are advised to book a “multi-city” flight itinerary. Please be sure to confirm the tour is a “go” before booking nonrefundable flights. Contact Onward for assistance or to coordinate with other *A Week In The Alps* travelers.

## TRIP INFORMATION *A Week in The Alps September 1–9, 2019*

### About Onward Travel

Onward Travel is a group tour operator owned and operated by sisters Molly Crist and Katerina Dhand. Onward Travel is focused on unique, thoughtful small group tours with itineraries that are researched and pieced together carefully to ensure authentic, engaging trips that foster genuine connection to places and people. A deep love of hospitality and adventure has been in Molly and Kat's blood for generations as Onward Travel is inspired by their family's cooking school on a farm in Bucks County, PA that offered culinary-focused travel to customers for over two decades.

### The Alps Region in Early September

Early September is a wonderful time to visit The Alps. The late summer weather is pleasantly warm and sunny, though temperatures will dip as we go higher in the mountains. Expect cooler temperature in Lucerne, and warmer days in Munich. Packing layers will be essential. Onward Travel will provide packing notes in advance of the trip.

### Miscellaneous Travel Information

- *Passports are required for American citizens travelling to Europe. Visas are not required. Note your passport should be valid for at least six months beyond the date of travel.*
- *To determine the current exchange rate, Google "USD to EUR."*
- *Travel Protection: Onward Travel recommends that you purchase a travel protection plan to help protect you and your travel investment against the unexpected. Travel protection plans include coverage for Trip Cancellation, Trip Interruption, Emergency Medical and Emergency Evacuation/Repatriation, Trip Delay, Baggage Delay and more. For more information on the recommended plans or to enroll, contact Travelex Insurance Services at 800-228-9792 and reference location number 32-0704.*
- *For a summary of plan details on benefits, coverages, limitations and exclusions, please refer to the applicable Description of Coverage. Travel Insurance is underwritten by Transamerica Casualty Insurance Company, Columbus, Ohio; NAIC #10952. 1308294*

### Get in Touch!

Contact Molly with questions or special requests:

[molly@onwardtravel.co](mailto:molly@onwardtravel.co)

845-293-2729



LINDERHOF CASTLE