

A close-up photograph of a basket filled with bright yellow lemons and green leaves. The lemons are the central focus, with some showing signs of being cut or handled. The lighting is warm and natural, highlighting the texture of the lemons and the vibrancy of the leaves.

# AMORE IN ITALY

A Culinary Adventure on The Amalfi Coast  
October 5–12, 2019

Hosted by Amore Trattoria Italiana + Onward Travel

ONWARD TRAVEL ✈️  
EST 2014



THE VILLAGE OF AMALFI, SEEN FROM THE SEA

## Join Chef Jenna for a special *Amore in Italy* — this time we're returning to one of our favorite destinations: The Amalfi Coast!

The Amalfi Coast, in Italy's central Campania region, is an enchanting destination that has long attracted the well heeled and glamorous along with the creative and adventurous.

Many settlements along the coast have been in continuous existence since the 10th century, and today the entire coastline has been designated a UNESCO World Heritage "cultural landscape." It's true that the dramatic landscape here is one that will forever stay lovingly etched in your memory, and every experience is elevated by the soaring cliffs and vistas stretching infinitely ahead.

Of course it's not just the landscape that takes us to Amalfi. The food here is phenomenal as well, with fresh seafood and giant local lemons taking center stage. The Amalfi Coast is a treat in every way there is!



Imagine yourself...

Learning family recipes at a centuries-old lemon orchard

Trying your own hand at making fresh mozzarella

Wandering in the ancient ruins of Pompeii with a historian guide

## Welcome to Italy

DAY 1: SATURDAY OCTOBER 5

- Arrive in an enchanting holiday getaway town unlike any other
- Toast your travel group at a gourmet dinner overlooking the sea

This morning you'll be met upon arrival at Roma's Fiumicino Airport by your Onward Travel guide and a professional driver with a luxury minibus. We'll load up and head south towards Amalfi, a four hour drive with a stop for lunch midway.

We'll arrive at our seaside accommodations in the charming town of Amalfi by late afternoon. Amalfi is a historic maritime republic nestled in a ravine between soaring cliffs with an 11th century Byzantine Cathedral at its center. It won't take long for you to feel the *amore!* Relax with the sea breeze, take a walk on the beach or maybe grab a gelato... we reconvene in the early evening for a welcome dinner at one of the best restaurants in town. Expect a truly gourmet experience in a gorgeous little dining room overlooking the sea.

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Meals Lunch, Dinner

## It's Lemon Time!

DAY 2: SUNDAY OCTOBER 6

- Limoncello straight from the orchard. 'Nuff said.
- Okay, the views from the orchard are awesome, too.

You'll have breakfast on the terrace overlooking the sea this morning, as you will each day we are in Amalfi. It won't take long here for you to pick up on the fact that along the Amalfi Coast they're kind of obsessed with lemons - and for good reason. Amalfi lemons are sweeter and more supple and often the size of a grapefruit... they are something else. Today we will visit a centuries old family lemon farm on the edge of the town of Amalfi.

The family who owns the farm loves lemons, for real. And we'll share in their lemon passion today as we tour the orchard and then roll up our sleeves for a lemon-centric cooking class during which we'll prepare and feast upon some of the family's favorite dishes. And naturally, it all ends with their limoncello. Lots of limoncello. After the cooking class you'll have some time to relax, wander the ancient Amalfi alleyways (have we mentioned the shopping here is great?), and enjoy dinner in town wherever you like tonight.

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Meals Breakfast, Lunch

## Blue Island Excursion

DAY 3: MONDAY OCTOBER 7

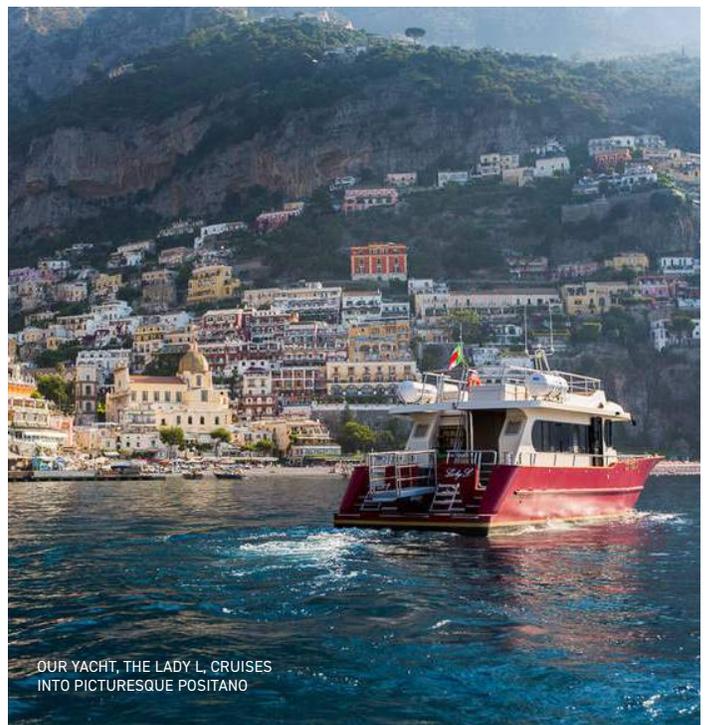
- Sail to Capri on a private yacht, prosecco in hand
- Enjoy a memorable lunch at a Michelin-star seaside restaurant

Mid-morning our very own yacht for the day, the "Lady L" will cruise into Amalfi's harbor to whisk us off on a day like no other. We'll sail along the coastal inlets with sweeping views of Amalfi and her sister villages all the way out to the world famous Isle of Capri, the breathtaking "Blue Island." Alight from your luxury yacht at an elegant yet still beachy Michelin-star restaurant for a delicious lunch, culminating in a visit to the "Temptation Room," a tiled dessert room full of every scrumptious Italian treat you can think of.

After lunch, spend the afternoon enjoying the highbrow shopping and world class people watching of Capri, hop on a tourist boat to the Green Grotta, or hike up the Belvedere Cannone for a view you'll never forget. In the afternoon we'll hop back on our yacht to return to the mainland, our destination now is another picturesque seaside village just up the coast from Amalfi... a spectacular haunt of rockstars, literati, and glamorous figures in general: Positano. Enjoy the early evening hours here, whether that means more shopping, aperitivo, a good long wander or another fabulous meal. We'll return by luxury minibus to our hotel this evening before it gets too late.

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Meals Breakfast, Lunch



OUR YACHT, THE LADY L, CRUISES INTO PICTURESQUE POSITANO

## The Gardens of Ravello

DAY 4: TUESDAY OCTOBER 8

- Stand on one of the most legendary terraces in the world
- Try your hand at making fresh mozzarella

Just when you thought the villages of the Amalfi coastline couldn't get any more beautiful.... there's Ravello. Established since the 5th century, Ravello is a UNESCO World Heritage Site and boasts view after view that will take your breath away. It's another timeless destination for famous artists, writers and musicians - Truman Capote, D.H. Lawrence, Albert Camus, Tennessee Williams, Greta Garbo, Joan Miro, M.C. Escher and many others spent a significant amount of time here.

In Ravello we'll be met by a local guide to explore two of Europe's most jaw-dropping villas: Villa Rufolo and Villa Cimbrone. Our guide is a charming young man with advanced degrees in archeology and history, and a personal passion for Slow Food - so he's perfect for us! Villa Rufolo dates to the 13th century and was extensively restored in the 19th, and Villa Cimbrone was established in the 11th century (that's a thousand years ago - amazing, right!?) and has been restored and built upon over the millennia - today they make a pair of fabulous structures, set amid painstakingly curated gardens in the most gorgeous natural settings you can imagine. We'll linger at Villa Cimbrone's Terrazzo dell'Infinito (aptly named Infinity Terrace). During our day touring Ravello you'll have free time for lunch and shopping.

Then we have a special treat in store - a visit to our friend Biagio the mozzarella maker! His little mozzarella studio here in Ravello is a wonderful place to spend the late afternoon hours together - he'll teach us how the good stuff is made fresh and of course there will be plenty of mozzarella and other tasty local products to nosh on. We'll head back to Amalfi after that and the rest of the evening is yours!

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Meals Breakfast, Light Dinner

## Market & Cooking Day

DAY 5: WEDNESDAY OCTOBER 9

- Visit the little local farmers' market in Amalfi's port
- Unwind with your travel friends as we throw our own dinner party!

Wednesday is market day here in the town of Amalfi! And it's an Amore in Italy tradition to visit the local market to scoop up some fresh Italian goodies to cook for dinner together with Chef Jenna. Those who would like to will visit the market in the morning and then you may spend the day in Amalfi as you wish... visit the Byzantine Duomo, go for a hike (lots of great hikes from Amalfi!), do a little shopping, or just catch up on R&R.

In the afternoon, convene as you're ready in the outdoor kitchen in the local family lemon grove. Trust us, there's no better place to kick back and throw your own dinner party! There will be plenty of wine, and under Jenna's wing we will make a delicious dinner together to enjoy amid the lemons...

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Meals Breakfast, Dinner



CHEF JENNA MAKING MOZZARELLA  
WITH BIAGIO IN RAVELLO IN 2017

## Soaking Up the Coast

DAY 6: THURSDAY OCTOBER 10

- Visit fascinating small villages removed from the local tourist trail
- Enjoy dinner at a trattoria high in the cliffs looking out on the sea

Today our guide will take us for a tour of the lovely little off-the-beaten path villages of the Amalfi Coast. Our first stop is Vietri for a stroll through the characteristic ceramic shops. Vietri is famous all over the world for ceramic production and for this reason we will go to visit a little factory where is possible to admire the art and precision of the artisans that paint the ceramic artifacts. Then we'll go to Raito, a district of Vietri, to visit the Museum of artistic ceramics. The Museum is located in a beautiful villa above the coast with a marvelous view.

By now it's lunch time so we'll head to Cetara, a small fishing village, known for having some of the best seafood in the region. Particularly famous is the tuna, the anchovies and the "colatura di alici," which is basically an Italian fish sauce made through the maceration of anchovies. Colatura di alici is absolutely delicious on spaghetti and we'll try it today in Cetara. In the afternoon we'll wrap up our tour in Minori with a visit to the ruins of an ancient Roman villa and an afternoon cake break at one of the coast's most famous pastry shops.

Tonight is our last night in Amalfi so we'll go out with a bang! Dinner tonight will be one to remember, at a family-owned trattoria perched high in the cliffs where they've been serving delicious local cuisine for over 100 years - and the housemade limoncello is the best!

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Meals Breakfast, Lunch, Dinner



## From Ruins to Roma

DAY 7: FRIDAY OCTOBER 11

- Wander through the ancient Pompeii ruins with our local guide
- Toast your new travel friends over a farewell dinner in Rome

After breakfast we'll begin our journey back up the coast, our final destination today is "The Capital of the World." But first let's stop at a place that hardly requires any introduction: the ancient ruins of Pompeii. Buried under lava after Mount Vesuvius erupted in 79 AD, the once genteel ancient city of Pompeii is now one of the world's most famous archeological sites and it's been a popular tourist destination for over 250 years. We'll meet our local guide one last time and he'll lead us through the ancient ruins, interpreting them and captivating us with stories about life in an ancient world.

Just down the road from Pompeii is Naples, one of the oldest continuously inhabited cities in the world. It's also the birthplace of modern pizza, so we'll stop on the outskirts to grab some real Neapolitan pizza for lunch. Some say it's the air, some say it's the water... but pizza in Naples is something else!

We'll arrive in Rome late afternoon and check in to our centrally located hotel within walking distance to countless restaurants, bars and historic attractions. After some time to settle in we'll enjoy aperitivo together before setting out for an authentic Roman feast at an upscale local trattoria - your Onward guide's favorite restaurant! Toast your new travel friends and enjoy this special evening together in the heart of Italy.

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Meals Breakfast, Lunch, Dinner

## Arrivederci!

DAY 8: SATURDAY OCTOBER 12

Onward Travel will arrange airport transfers this morning to Rome's FCO Airport based on travelers' schedules. Depart at your leisure and return home with new recipes and travel buddies and lots of wonderful memories! Or maybe you want to spend another night (or longer!) exploring Rome - Onward is happy to extend your hotel reservation in The Eternal City.

*Buon viaggio!*

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Meals Breakfast

# TRIP INFORMATION *Amore in Italy: Amalfi October 5–12, 2019*

## TRIP ESSENTIALS

BEGINS	Rome FCO Airport on Saturday October 5, 2019 <i>Select a flight itinerary that lands at FCO before 10:00AM</i>
ENDS	<b>Hotel in Central Rome on Saturday October 12, 2019</b> <i>Transfer to airport on October 12 will be provided according to travelers' itineraries</i> Would you like to spend the weekend in Rome? Onward is happy to extend your hotel stay as long as you like.
SUITABILITY & MOBILITY	This tour includes walking for 30 minutes at a time, plus stairs and cobblestones. If you have limited mobility, we may be able to accommodate you, but it is essential to let us know at the time of registration. Travelers may always opt out of activities they deem too physically challenging but refunds will not be provided.
TRIP LENGTH	8 days, 7 nights
LODGING	<b>Hotel Aurora   6 Nights</b>   4-Star hotel with sea views in a quiet location a short walk to the center of Amalfi <b>Central Rome Hotel   1 Night</b>   A stylish, comfortable and well-located hotel will be selected
TOUR DATES & PRICE	October 5–12, 2019 Double Occupancy \$3950 per traveler Single Supplement \$775 additional  Sea view rooms with balcony at Hotel Aurora are +\$300 per room for the six night stay. Please note that air travel is not included and a current passport is required for travel to Italy. <u>Please ensure that your passport is valid 6 months after the date of travel.</u> <i>You are welcome to pay your trip fee by credit card, please note that a 3% processing fee will be applied.</i>

## Trip price includes the following:

- Airport transfers and ground transportation to/from all scheduled activities.
- 7 nights accommodations
- Most meals: daily breakfasts, five lunches, and five dinners. We have fantastic gourmet experiences, wine included, of course!
- Local guide services throughout the tour to truly understand The Amalfi Coast.
- Activities, tastings, cooking classes, and tours as detailed in the itinerary.
- Pre-trip dinner at Amore Trattoria to get to know fellow travelers and post-trip reunion dinner to relive the memories. Plus an Amore hoodie!

## ***Register now!***

Visit [onwardtravel.co](http://onwardtravel.co) to complete the registration form and submit payment. \$1,250 deposit due upon booking, balance due by July 15, 2019.

## AIR TRAVEL:

The tour begins and ends in Rome, and the city is serviced by Rome Fiumicino Airport (FCO). Please confirm with Onward Travel that the tour is a "go" before booking non-refundable airfare. Be sure to book an itinerary that arrives before 10:00 AM on October 5, 2019. Contact Onward Travel for assistance or to coordinate with other *Amore in Italy* travelers.

## TRIP INFORMATION *Amore in Italy: Amalfi October 5–12, 2019*

### About Onward Travel

Onward Travel is a group tour operator owned and operated by sisters Molly Crist and Katerina Dhand. Onward Travel is focused on unique, thoughtful small group tours with itineraries that are researched and pieced together carefully to ensure authentic, engaging trips that foster genuine connection to places and people. A deep love of hospitality and adventure has been in Molly and Kat's blood for generations as Onward Travel is inspired by their family's cooking school on a farm in Bucks County, PA that offered culinary-focused travel to customers for over two decades.

### Amalfi in Early October

Early autumn will be the perfect time to visit Amalfi and the surrounding region. The tourist crowds have finally begun to thin, and the air is clean and clear and just a little crisp. Expect highs to reach close to 80F and the temperature to drop into the low 60's at night. This time of year is mostly dry but rain gear is always recommended. Packing notes will be supplied before the trip.

### Miscellaneous Travel Information

- *Passports are required for American citizens travelling to Italy. Visas are not required. Note your passport should be valid for at least six months beyond the date of travel.*
- *To determine the current exchange rate, Google "USD to EUR."*
- *Travel Protection: Onward Travel recommends that you purchase a travel protection plan to help protect you and your travel investment against the unexpected. Travel protection plans include coverage for Trip Cancellation, Trip Interruption, Emergency Medical and Emergency Evacuation/Repatriation, Trip Delay, Baggage Delay and more. For more information on the recommended plans or to enroll, contact Travelex Insurance Services at 800-228-9792 and reference location number 32-0704.*
- *For a summary of plan details on benefits, coverages, limitations and exclusions, please refer to the applicable Description of Coverage. Travel Insurance is underwritten by Transamerica Casualty Insurance Company, Columbus, Ohio; NAIC #10952. 1308294*

### Get in Touch!

Contact Molly with questions or special requests:

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