

# CULINARY EXPEDITION NEW YORK

An Epicurean Journey in the Empire State  
May 31 - June 4, 2017

ONWARD TRAVEL 

EST 2014



Onward Travel invites you on a one of a kind culinary immersion in what is (arguably) the world's most legendary epicurean city and it's bucolic countryside, the Hudson River Valley, which boasts its own culinary legacy.

Enjoy a late spring getaway to experience the best of New York City and the Hudson River Valley. We'll spend two nights each in NYC and the lovely Hudson Valley village of Rhinebeck.

Take in the hustle, the bustle, the energy and the amazing creativity and flavors of the Big Apple. We'll stroll the highline, visit markets, eat, and explore together. Then let's travel just two hours north along the Hudson River to a region home to farmland, craft beverage, quaint towns, and the legendary Culinary Institute of America.

Throughout the tour, enjoy the company of fellow food and culture enthusiasts. You'll be in good hands as Onward Travel has years of experience leading tours to the tastiest locales in New York City and your host, co-founder Molly Crist, lives on an apple orchard in the Hudson Valley.

Imagine yourself...

Noshing around NYC's legendary Lower East Side.

Taking in serene Hudson Valley views while sipping local wine and cider.

Diving into wine and food studies at the world-renowned CIA.

## Get in a NY State of Mind

DAY 1: WEDNESDAY MAY 31

- Spend the afternoon enjoying NYC at your own pace.
- Enjoy the sights and smells at Eataly, plus a special 4-course chef's table dinner.

Arrive in NYC mid-day today. We'll enjoy a welcome group lunch together in Central Park at The Loeb Boathouse, an urban oasis in the concrete jungle. After lunch, take a stroll through the park. Before the tour, we'll determine the group's interests and create two tracks. Options include the Museum of Modern Art, a ferry ride to Brooklyn, an outing to the Statue of Liberty, and more!

We'll convene at The Hotel Edison, our comfortable, centrally located hotel based on the edge of Times Square in a grand Art Deco building. This evening, we'll head to Mario Batali's Eataly for a special culinary evening at La Scuola di Eataly. We'll dine at the communal chef's table and enjoy a festive and seasonal 4-course meal with wine pairings. Each course and wine will be presented by the Chef and the Sommelier.

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Meals Lunch, Dinner

## A Delicious Day in NYC

DAY 2: THURSDAY JUNE 1

- Nosh your way around the Lower East Side.
- Experience The High Line: a park built on a 1.45 mile-long, elevated freight rail structure.

We'll embark this morning on a Lower East Side Noshing & Walking Tour, and let's get started by heading straight to The Doughnut Plant for doughnuts and coffee. Widely considered the best doughnuts in NYC and possibly the world, these doughnuts are really a treat. Throughout our walk we'll enjoy bialys (sort of like a Polish bagel), pickles, time at an interesting indoor food market and a candy shop where you'll find anything you want, including obscure treats from your childhood, pastrami at world-famous Katz's Deli, NYC must-have lox and bagel, fresh mozzarella and New York cheesecake. Let's finish it all off with a beer at McSorley's - one of the country's oldest drinking establishments, there's sawdust on the floor and it's been over a hundred years since the décor has changed. Their house-made Irish ales, light or dark, are delightful.

You'll have time to explore Chelsea Market after our walking tour. Chelsea Market is located in the old Nabisco factory that has been repurposed to house restaurants, markets, bakeries, a fantastic bookstore, and more, all to the delight of NYC's food lovers. Upstairs is where The Food Network has their studios, so keep your eye out for Rachael Ray!

Above Chelsea Market runs the High Line, an elevated park and walking path that was incorporated into the Chelsea neighborhood just a few years ago along an old rail track that used to service the warehouses and factories that once made up these blocks. A favorite relaxation point for both locals and tourists alike, the High Line provides wonderful views of Manhattan and the Hudson River in a beautifully landscaped (all native species!) environment.

Tonight, spend the evening as you wish. We're in the heart of the theater district, so why not enjoy dinner and a Broadway Show along with your hosts or on your own, or hop on the subway or into a yellow cab to explore NYC in the evening. Countless dining options abound - this is the perfect opportunity to make a reservation somewhere special.

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Meals Breakfast/Lunch on Noshing Tour

## From the Big Apple to an Orchard

DAY 3: FRIDAY JUNE 2

- Enjoy lunch at an apple orchard that is home to your Onward Travel guide, Molly!
- Savor Hudson Valley cider, whiskey & wine.

This morning we'll take a private bus out of the city to Walden, New York to visit Crist Brothers Orchards. The Hudson Valley is known as The Apple Belt and for good reason. Enjoy a tour of the orchard and packing house and learn some interesting facts about apple farming and beekeeping. Then, we'll dine outside (weather permitting) at the orchard, enjoying an early summer luncheon featuring products from the farm... and some gorgeous bouquets of peonies.

After lunch, it is time to head out on a Hudson Valley craft beverage crawl. First, we'll visit Angry Orchard's Innovation Cider House. Angry Orchard is the largest cidery in the country and they've just opened their cider house to experiment with new varieties and processes. We'll tour the beautiful facility and enjoy an exclusive

tasting in their treehouse. Next: choose your own adventure. Visit Tuthilltown Spirits Farm Distillery, New York's first whiskey distillery since prohibition known for Hudson Valley Whiskey, plus a selection of other wonderful products or visit nearby Whitecliff Winery, home to over 20 grape varieties and some wonderful wines.

Now that your thirst is completely quenched, we're off to charming Rhinebeck. But first, we'll stop at an orchard with breathtaking views and an ice cream stand. Once in Rhinebeck, we'll check in to the centrally located Beekman Arms & Delamater Inn. The rest of the evening is yours to enjoy dinner in this quaint, walkable village.

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Meals Breakfast, Lunch

## Historic & Culinary Immersion in the Country

DAY 4: SATURDAY JUNE 3

- Get a fascinating look at American history at FDR's estate.
- Immerse yourself in the CIA's culinary programs and dining.

The Hudson Valley has a rich history and we'll visit a cornerstone: the Home of Franklin D. Roosevelt National Historic Site, managed by the National Park Service.

We'll enjoy a guided tour of FDR's 1826 home that remains almost exactly as it was at the time of the president's death in 1945. Then, enjoy free time to explore the Presidential Library and Museum, the only Presidential Library used by a sitting president. It was conceived and built under President Roosevelt's direction and opened to the public in 1941. Grab lunch at your leisure at the onsite cafe Uncle Sam's Canteen.

Early afternoon we're off to the Culinary Institute of America, the nation's premier culinary college. We'll enjoy a student led walking tour of the picturesque campus and some time in the gift shop (an epicurean's dream). Then, we'll join one of CIA's world renowned educators for a food and wine pairing class. During the class, we'll explore the fundamentals of marrying wine with food. Learn how to select the best wine for a meal and enjoy a lecture on food and wine pairing basics plus a wine and cheese tasting where we'll practice the principles learned in class. Could our time at the CIA get any better? Yes! We're sticking around for an excellent dinner at one of the CIA's five restaurants.

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Meals Breakfast, Dinner

OnwardTravel.co Based in Philadelphia, Pennsylvania and the Hudson Valley, New York



At the Culinary Institute of America you'll experience some of the world's best hospitality!

## Drinking in the Landscape

DAY 5: SUNDAY JUNE 4

- Admire the Hudson Valley landscape from a perch high above the river.
- Picnic amid sculptures created by some of the most acclaimed artists of our time.

Enjoy some free time in quaint Rhinebeck this morning. The weekly farmers market is taking place and it is a fun affair. Mid-morning, we'll check out of our hotel and head south to Poughkeepsie to experience the Walkway Over the Hudson. In 2009 the long abandoned Poughkeepsie-Highland Railroad Bridge was opened as a linear park traversing the Hudson River. So take a walk with some of the best views in the world (in our opinion).

The Hudson Valley has long been inspiring creativity, so we'll conclude our time together at Storm King Art Center. Storm King is a 500-acre open air sculpture museum. The grounds are serene and the artwork intriguing. We'll have a docent-led tour and a picnic lunch will be provided. A private bus will transport the group to the airport this evening for a flight home. Farewell!

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Meals Breakfast, Lunch

# TRIP INFORMATION

culinary expedition new york 2017

BEGINS	New York, New York - Midday on May 31 Transfer provided from Newark Airport to NYC
ENDS	New York, New York - Evening on June 4 Transfer provided from Hudson Valley to Newark Airport
MOBILITY	This tour includes walking for 30-45 minutes at a time, plus stairs and subways. If you have limited mobility, we can accommodate you, but it is essential to let us know at the time of registration. Travelers may always opt out of activities they deem too physically challenging but refunds will not be provided.
TRIP LENGTH	5 days, 4 nights
LODGING	Convenient and comfortable lodging has been selected for Culinary Expedition New York.  <b>Hotel Edison</b>   2 Nights   Iconic Art Deco hotel located in Times Square.  <b>Beekman Arms &amp; Delamater Inn</b>   2 Nights   This inn is located in the heart of Rhinebeck, a quaint Hudson Valley village with excellent shopping and restaurants.
TOUR DATES & PRICE	May 31 - June 4, 2017 Double Occupancy \$2,245 per traveler Single Supplement \$420 additional <i>A \$65 discount is available to customers paying by check.</i>  Contact Onward if you are interested in a room upgrade or a roommate. Single supplement is available for travelers who prefer a single room. Discounts are available for triple or quadruple occupancy (rooms have 2 queen beds); inquire if interested.

## A NOTE ABOUT AIR TRAVEL:

Please note that air travel is not included. The tour will start and end with transfers to/from Newark Liberty International Airport (EWR) for those who coordinate with recommended group flight times. Please confirm with Onward Travel that the tour is a "go" before booking non-refundable airfare.

Contact Onward Travel for assistance booking your flight or to coordinate with other travelers.

## Trip price includes the following:

- Airport transfers and ground transportation to/from all scheduled activities.
- Two nights accommodations in NYC at Hotel Edison and two nights accommodations at Beekman Arms & Delamater Inn in Rhinebeck, NY.
- Most meals: daily breakfasts, four lunches, and two dinners. We have fantastic gourmet experiences, wine included, of course!
- Onward Travel guides at your service.
- Activities, tastings, admission fees, and tours as detailed in the itinerary.

Visit [onwardtravel.co](http://onwardtravel.co) to complete the registration form and submit payment. \$500 deposit due upon booking, balance due by February 15, 2017.

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### About Onward Travel

Onward Travel is a boutique travel planning company that carefully crafts itineraries to create an authentic, engaging trip that exposes the destination and roots travelers to the place. Onward was founded by two sisters, inspired by their family's cooking school on a farm in Bucks County, PA that has offered culinary-focused travel to customers for over two decades.

### Who Should Go?

This adventure is perfect for food and culture enthusiasts. We'll wine and dine; stay in NY's theater district; enjoy history, art, and craft beverage in the Hudson Valley; and enjoy each other's company. This tour has something for everyone and we hope you'll join us!

### Get in Touch!

Contact Molly with questions or special requests.  
molly@onwardtravel.co  
267-825-5880

### Miscellaneous Travel Information

- Travel Protection: Onward Travel recommends that you purchase a travel protection plan to help protect you and your travel investment against the unexpected. Travel protection plans include coverage for Trip Cancellation, Trip Interruption, Emergency Medical and Emergency Evacuation/Repatriation, Trip Delay, Baggage Delay and more. For more information on the recommended plans or to enroll, contact Travelex Insurance Services at 800-228-9792 and reference location number 32-0704. For a summary of plan details on benefits, coverages, limitations and exclusions, please refer to the applicable Description of Coverage. Travel Insurance is underwritten by Transamerica Casualty Insurance Company, Columbus, Ohio; NAIC #10952. 1308294



*“I’ve traveled to Europe as well as many places in the US with Onward Travel, and I’m really pleased with Onward as a travel company. I like the personal care and guidance I’ve received on every trip. I am always very anxious to go on another trip with them. I really appreciate the detailed itineraries and the interesting schedules which I’ve experienced on each tour.”*

Marion Bardman  
Quakertown, PA